

Welcome To



Terenure College Swimming Pool

www.terenureswimmingpool.ie

This document is a guide to what will happen at 'our pool'.

Where?

Templeogue Rd., Terenure, D6W AK71
(On the grounds of Terenure College)

This is entrance.



Opening Hours:

Mon:	9am-10pm
Tues & Wed:	8:30am-9:30pm
Thurs:	9:30am-9pm
Fri:	9:30am-8:30pm
Sat:	9am-7pm
Sun:	9am-2:30pm

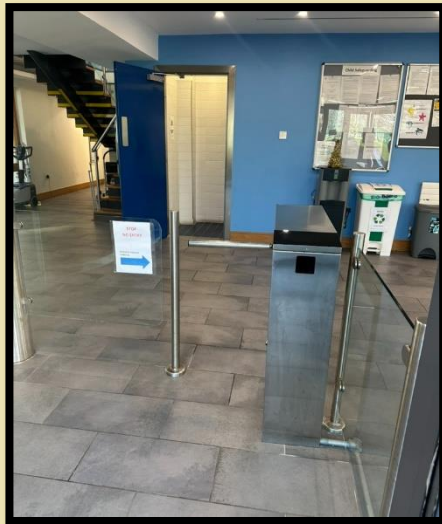
Please see here for our public timetable:

<https://www.terenureswimmingpool.ie/public-pool-sessions/>

****Service Dogs are always welcome**

What will happen at the pool?

You will enter here.



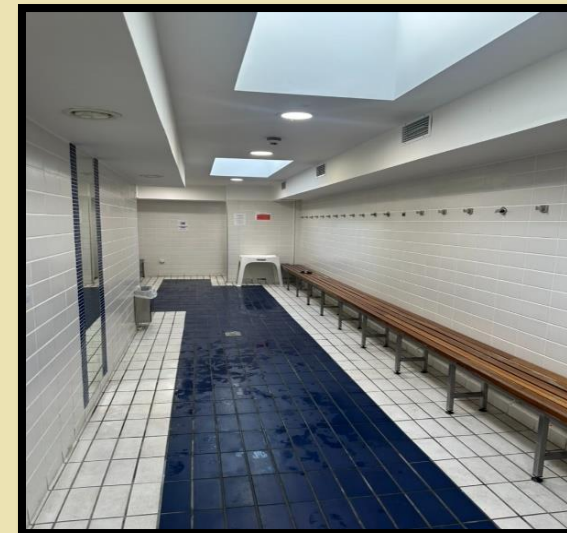
You will be welcomed by the reception staff.



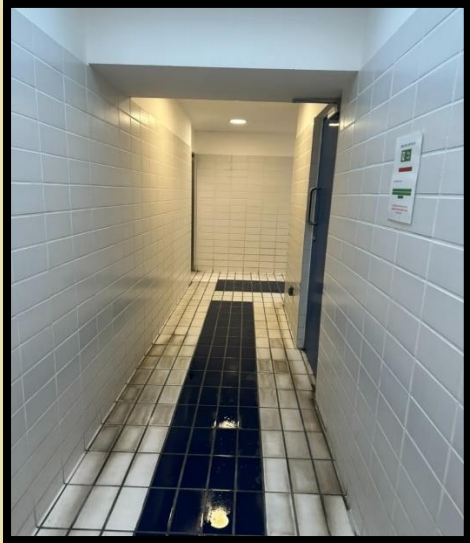
This is the changing room where you will change into your swimsuit.



There is also a seating area in the changing room



You can then walk to the pool.



This is the pool where you can enjoy a swim or do a swim class.



After your swim, there are showers in the changing room for you to use.



Fidgets & Ear Defenders

We will have some fidget toys and ear defenders for you to use.
You can also bring your own.



Break

If you need a break, you can ask your parents or one of the other adults if you can go on a short walk around the building.

I need a
break

Toilet

If you need to use the toilet, you can tell your parents or one of the adults that you need to use the bathroom and go.



Phones

You can bring your phone to the **pool** if you want to. We understand that it is important to have your phone with you. We always have ours too! We ask that you do not take any photographs/videos or use social media or gaming sites for the duration of your time in the school.

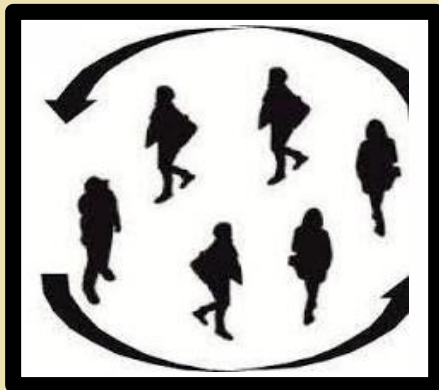
The 'What ifs'

Feeling worried

If something or someone has made you feel worried or anxious or if one of the other adults has made you feel worried or anxious, you can speak to your parents or a trusted adult about it.

Moving around

You can move around the room and stim whenever you feel like it. You do not need to ask to do this.



Last

When you are finished, we will say Goodbye.

